

## Orange Fruit Nut Truffles

### Ingredients:

- 1-1/2 cup walnuts
- 1 cup orange-essence dried plums (prunes)
- 1/2 cup dried cranberries
- 1/2 cup chocolate-covered raisins (or plain raisins if preferred)
- 1 teaspoon cinnamon
- 1/4 teaspoon ground ginger
- 1 teaspoon vanilla extract

### Directions:

In a food processor with the knife blade, blend all ingredients until a dough-like ball forms.

Using your hands, roll into 1-inch balls.

Optional: Top each with a walnut piece.

Yield: 3 dozen balls

### Nutrition information per ball:

Calories: 62

Protein: 1g

Fat: 3g

Carbohydrates: 8g

Fiber: 1g

Sodium: 1mg

<http://www.jeancarper.com/recipes/1626>

